Go through this list of questions, answering **yes** or **no**.

1. Do you find difficulty in telling left from right?
2. Is map reading or finding your way in a strange place confusing?
3. Do you dislike reading aloud?
4. Do you take longer than you should to read the page of a book?
5. Do you find it difficult to remember the sense of what you have read?
6. Do you dislike reading long books?
7. Is your spelling poor?
8. Is your writing difficult to read?
9. Do you get confused if you have to speak in public?
10. Do you find it difficult to take a message on the telephone and pass it on correctly?
11. When you have to say a long word, do you sometimes find it difficult to get all the sounds in the right order?
12. Do you find it difficult to do sums in your head without using your fingers or paper?
13. When using the telephone, do you tend to get the numbers mixed up when you dial?
14. Do you find it difficult to say the months of the year forward in a fluent manner?
15. Do you find it difficult to say the months of the year backwards?
16. Do you mix up dates and times and miss appointments?
17. When writing cheques do you frequently find yourself making mistakes?
18. Do you find forms difficult and confusing?
19. Do you mix up bus numbers like 95 and 59?
20. Did you find it hard to learn your multiplication tables and school?

9 or more Yes responses on the questionnaire suggests a dyslexia type problem.